

# Spri-Hian

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## SHS Dances at Thon for Last Time in Blue Gym

Students celebrate raising \$196,315.57 at the 17th annual Steve Stefani Dance Marathon

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March 29th, 2019 marked the 16th consecutive year of the Mini-Thon at Springfield High School. The \$196,315.57 raised by the SHS team this year is only a fraction of the money produced by what is a nationwide program.

Throughout the country, 90,000 volunteers work each year on the event which spans across 283 schools in 8 states. In the 2018-2019 school year alone, schools across the country raised over \$7 million for pediatric cancer.

On the Four-Diamonds website, Mr Gildea-Walker, long time advisor of SHS program states, "Our Mini-THON has increased student leadership skills, allowing them to handle multiple aspects of philanthropy while selflessly working to raise both monetary funds and awareness."

The Steve Stefani Dance Marathon has found a way around every obstacle and found ways to improve year after year.

This year, the track was unfortunately not available due to the construction of the new high school. This meant that the annual luminary walk, an hour of a silent walk through candle lit bags honoring those who have passed, could not take place as it usually does.

The special events committee found a way around this issue and managed to set the walk up through the halls of the school and created an amazing, inspiring hour. When participants walked out of the library onto the bridge over the commons, there was a heart with "UNITE" spelled out with the candle bags below, a powerful statement for all attendees and volunteers.

In addition to the significant change of the setting for the luminary walk, there were also some new small activities added this year.

For example, a new concept, committee wars, was created. There are enormous amounts of committee members in many different groups that help to set up and keep Thon flowing well. The committee wars were created for committees to compete against one another in a few



Photo by Madyson Roth

The gym hosted a variety of activities such as Techno Hour, four-square, and face painting.

different games to bond the members of each team. Of course, all of the Thon events could not be possible without advisor support.

Mr. Gildea-Walker has been the SSDM advisor for the last 14 years now here at Springfield High School and has announced that his was his last year. For most participants and leaders he has been the main face known when it comes to SSDM.

Mr. Gildea-Walker calls his experience through SSDM "One of the true blessings of my teaching career," and stresses that, "There is so much potential for student growth within this organization."

His most memorable moment is this year when his leadership team surprised him during the annual pep rally by recapping the impact he had made throughout his years being advisor. At the rally, members of the leadership team displayed the video they had created that featured past members recounting the im-

pact that Thon had on them. "When my team came out and joined me and we stood shoulder to shoulder with our arms linked, that moment was the essence of the team mindset I try to build every year."

Just days after the Springfield High School's annual Steve Stefani Dance Marathon, the demolition of the beloved blue gym began.

The stadium has already been completely dismantled.

The track has been torn up, bleachers stripped down, and the previously grassy fields are just areas of dirt.

The new question is posed: where will SSDM be taking place after the blue gym has been torn down? Multiple answers have been provided, but not confirmed.

Construction continues and overtime the school's premises become smaller. Some students state that the only place to have the next SSDM is in the smaller gold gym. Although, the downside to this alternative is that there is not much room to fit the

tremendous event, especially considering any area near the blue gym will not be accessible.

Other students say that it could be held at some kind of recreation or event center. This seems like a plausible idea, but the renting cost might not be worth it. The point is to donate as much money as possible to Four Diamonds.

Clearly, this is a conflicted debate. Unfortunately, there are not that many locations to hold such a huge school event like the mini-THON. Many ideas aside, Springfield's annual mini-THON may have to be put off for a year.

This is definitely not the favored result, but the construction of the school cannot be stopped.

This debate will be settled in the future, most likely during the next school year. Hopefully the previously successful event will still be able to continue and provide helpful funding For the Kids.

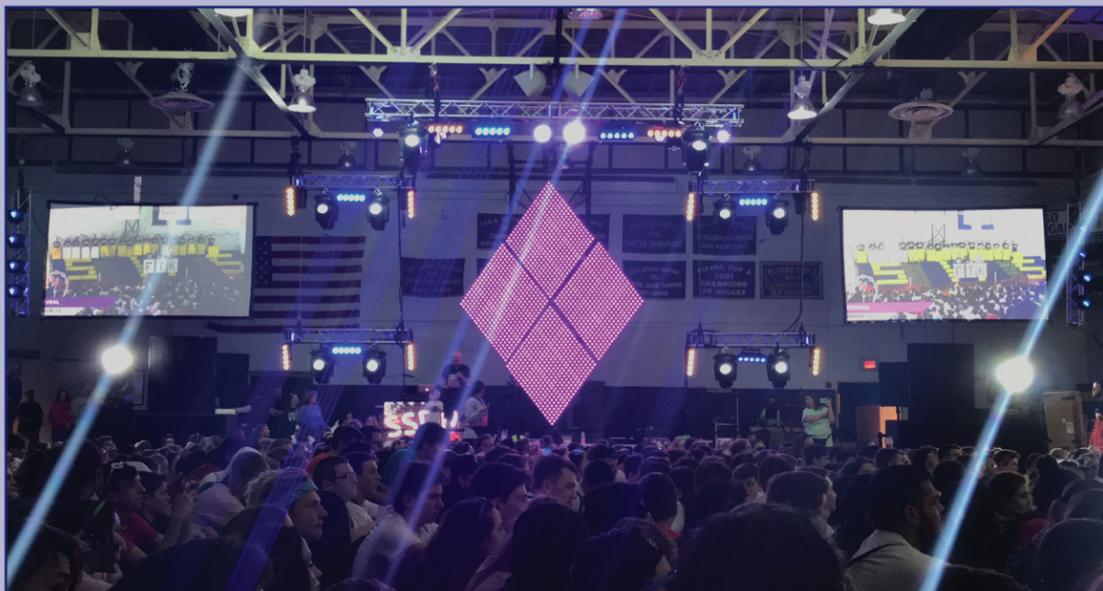


Photo by Madyson Roth



Celebration of the Arts  
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Mr. Cooper  
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Congratulations to Meghan Winterbottom for winning the Spri-Hian Phillies Gift Basket! Along with some great Phillies gear, Ms. Winterbottom won 2 Phillies tickets! Thank you to everyone who participated in this year's raffle.

# The Mumps Runs Rampant at Temple and Other Local College Campuses

Alexa Mihaita  
Co-Editor In Chief

Even as the vast majority of children in the United States receive vaccinations against mumps, with the Centers for Disease Control and Prevention (CDC) recommending a first dose at 12 through 15 months of age and a second dose at 4 through 6 years of age, outbreaks of the disease have still occurred since the vaccine was invented in 1967, and this year has been marked by a growing mumps epidemic that began at Temple University in Philadelphia.

Although the university did not initially disclose how many students were infected, a CNN report reveals that the first cases were announced on February 28th, and by March 8th, the number grew to 16 individuals affected.

With the number having since swelled to over 100 probable cases associated with the mumps outbreak, according to a CBS Action News report, the university offered free vaccinations to students from March 27th to March 29th.

Although nearly 5,000 students received the shot during its availability, concerns remain high as students, professors, and parents alike worry for public health in the Philadelphia area.

Characterized by discomfort in the salivary glands or the parotid glands, problems chewing, fever, headache, tiredness, and loss of appetite, the mumps virus may spread easily by airborne droplets from the respiratory tract, as stated by Johns Hopkins Medicine.

While the likelihood of contracting the illness decreases with age, especially if an individual has been vaccinated, mumps is known to cause more severe complications if acquired in adulthood, possibly leading to issues such as encephalitis, or inflammation of the brain, and pancreatitis.

Beyond the vaccine itself, preventing the spread of the virus is aided by infected individuals remaining home from work or school, but cases may spread rapidly in the close-knit college environment.

Although the disease outbreak began in Temple,

mumps has moved beyond the university's boundaries and permeated numerous schools in the Philadelphia area, with Stephanie Ballesteros of CBS News reporting cases at "Drexel University, West Chester University, Abington Senior High School, and North Wales Elementary School."

Temple University's offering and encouragement of free vaccines during the last full week of March constituted an attempt to reduce the pervasive spread of the virus, but a number of students remained unsatisfied with these efforts.

According to Debra Goldschmidt of CNN, a group of students filed a petition to temporarily close the university, stating that "It is time that Temple takes the necessary action to halt the outbreak before this epidemic becomes unimaginable" and that leaving the university open creates "an unsafe environment for all students and faculty."

Despite receiving 10,000 signatures, the petition was unsuccessful, as Temple University does not believe closure can prevent the virus from spreading.



Courtesy of Areca T. Wilson

*A Chinese scientist has edited genes that would make babies resistant to HIV.*

Even as the university remains open, experts at Temple hope to reduce the epidemic by updating its immunization policy to two doses of MMR vaccine, along with two doses of chickenpox vaccine and one dose of Tdap vaccine,

according to CNN.

For now, students in the Philadelphia area are encouraged to practice proper hygiene and remain aware of their surroundings as the university attempts to put a cap on the rapidly spreading virus.

## Notre Dame Cathedral fire causes massive destruction

Madeline Kistler  
News Editor

On April 15th, 2019, a fire in the Notre Dame Cathedral caused a good portion of the structure to burn down in flames. The cathedral was about 850 years old, according to CNN News. The fire started at night and went into the early hours of the next morning before being completely extinguished.

One of the more notable parts of the Notre Dame Cathedral was the iconic spire, seen falling in many videos as it was engulfed by the flames. The two bell towers that were part of the cathedral were saved though as the fire did not destroy them.

A firefighter that was working to fight the flames did get injured but there were not many other injuries reported, according to USA Today.

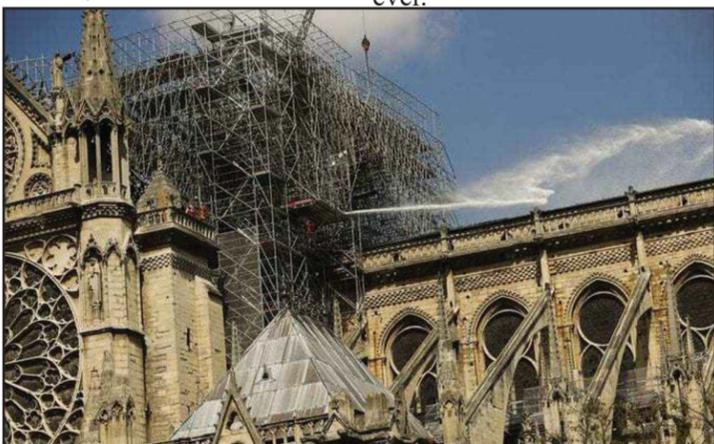
The site was also undergoing renovations at the time of when the fire started. French billionaire, Francois Henri Pinault, stated he would

donate \$113 million towards rebuilding the cathedral. All in all, there has been more than \$700 million of donations that have come in.

As a result from these funds, Yellow Vest protests have heightened near the cathedral. Among those protesting felt that the upper class should be donating funds to themselves first before donating funds for the fire.

Protestors were originally banned from going near the Notre Dame cathedral after the fire but they that did not stop them. In response, officers fired tear gas at the crowds in attempt to contain them.

The fire that destroyed parts of the Notre Dame Cathedral caused lots of damage. Many people were upset at this site seeing it live around the world. Even though this fire did cause mass destruction, the cathedral will almost certainly come back stronger than ever.



Courtesy of Madeline Kistler

## Mr. Cooper retires from SSD

Joshua Thorpe  
Staff Writer

Over the last 3 decades, Mr. Kevin Cooper has acted as the cornerstone of the Springfield Music Department. However, this glorious era of Music Education is coming to a close, as at the conclusion of this 2018-2019 school year Mr. Cooper is set to retire.

Hired in 1990, Cooper has put 29 years of dedication to the Music Department. In this time he has seen through almost 30 different senior classes and has conducted his students in tens of thousands of performances.

When asked about his time employed with the Springfield School District Cooper stated "Coming to the decision to retire at the end of this school year was difficult in many ways. I have spent most of my 33-year teaching career in Springfield."

He says that in his career as a music teacher, "there is never really downtime, so I was usually here for evening rehearsals and in the summer preparing for marching band."

Mr. Cooper was not in it alone, he explains that "My family time would often be spent at school, with my wife and children helping with room and uniform organization."

Over the course of his career, Mr. Cooper has had the opportunity to travel across the continent. He reflects on this saying "The amazing memories of my tenure are too numerous to put here, but they include many great per-



Courtesy of Joshua Thorpe

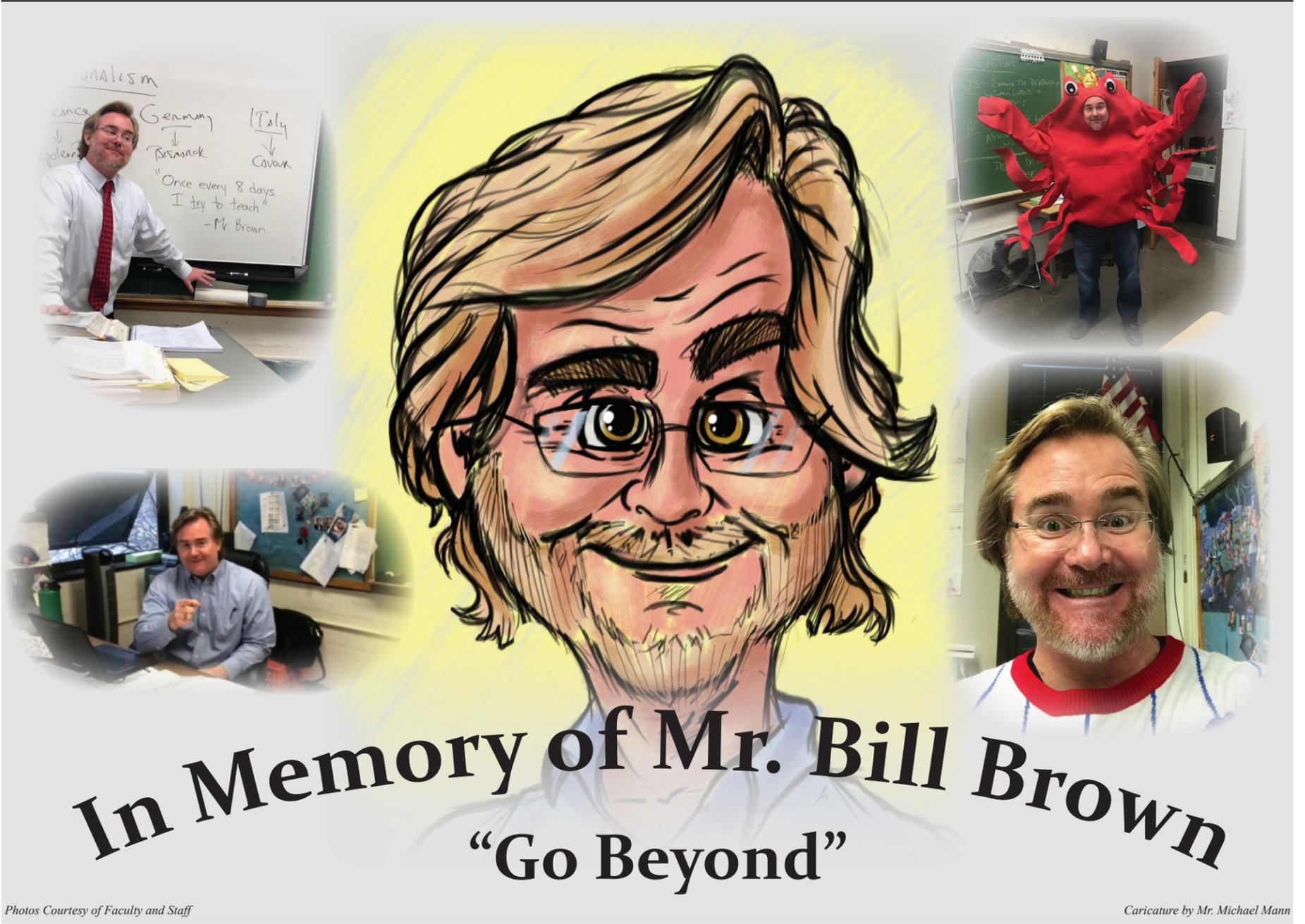
*"Since day one, he always has a heart full of love," stated senior An-Mei Morris.*

formances at SHS, and also at the Kimmel Center, the Philadelphia Thanksgiving Parade, Disney World, and destination cities such as Boston, Chicago, and Toronto. I am so grateful for the privilege of having a career doing what I was passionate about and will miss this place and, especially, the people in it."

In 2010, Mr. Cooper was put in charge of not only the high school and middle school orchestras but also the elementary school program. As an effect of this, Mr. Cooper would now be able to witness his students growth throughout their musical career in the Springfield School District. His students during this first year are now graduating.

An-Mei Morris, one of Mr. Cooper's graduating students,

describes her time with Mr. Cooper saying, "Mr. Cooper has seen me grow from the silly fourth grader I was to the even sillier senior I am now. He has been there since the beginning and will always hold a special place in my heart as the kindest, sweetest teacher I have ever had. I remember one day this year when I walked out onto the stage for rehearsal, there were two Disney CDs that he thought I would like waiting for me on my stand, and that meant the world to me. The love he has for his work and for his students cannot be expressed in words. Since day one, he always has a heart full of love and kindness that does nothing but make my life happier, and I am ever so grateful to have been his student."



# In Memory of Mr. Bill Brown

## “Go Beyond”

Photos Courtesy of Faculty and Staff

Caricature by Mr. Michael Mann

### Celebration of the Arts Showcases Student Achievement

Grace Dougherty  
*Co-Editor-in-Chief*

Celebration of the Arts was held on Thursday, May 30th at 7 pm thanks to the hard work of SHS students and teachers who have been preparing since September. Students were recognized for their work throughout the school year.

Participants in Celebration submitted the art they have

created over the course of the many art classes offered at SHS. Photography, ceramic, sculptural and digital works, woodshop projects, and paintings and drawings were all on display for the Springfield community.

The event has been held for the last three decades. The origins of Celebration are modest. For the first few years, the event was held only in the main lobby. By

the mid-nineties, Celebration had expanded into the commons, the halls around the auditorium, and in what are now classrooms. Now, almost the entire first floor of SHS is used to display the hard work of its students for one fantastic night. Art can be seen on all the walls, and 3D works like ceramics, sculptures and woodshop projects are displayed in the Blue Gym.

One of the most anticipat-

ed events of the celebration are the awards given to the best works in each category. The recipients of these awards, from first to honorable mention, are decided by professional artists from each field. This friendly competition drives students to create amazing art over many hours of hard work.

Speaking on the competition, Art Teacher Ms. Belton stated, “the results are a high

school art exhibit that is one of the largest on the East coast – and one that sets the standard in our region for quality student work.”

Each year, the efforts of SHS students are admired. Mr. Trout stated, “students spend an amazing amount of time after school and often into the night working on their challenging designs.

*(continued on page 4)*



Courtesy of Grace Dougherty



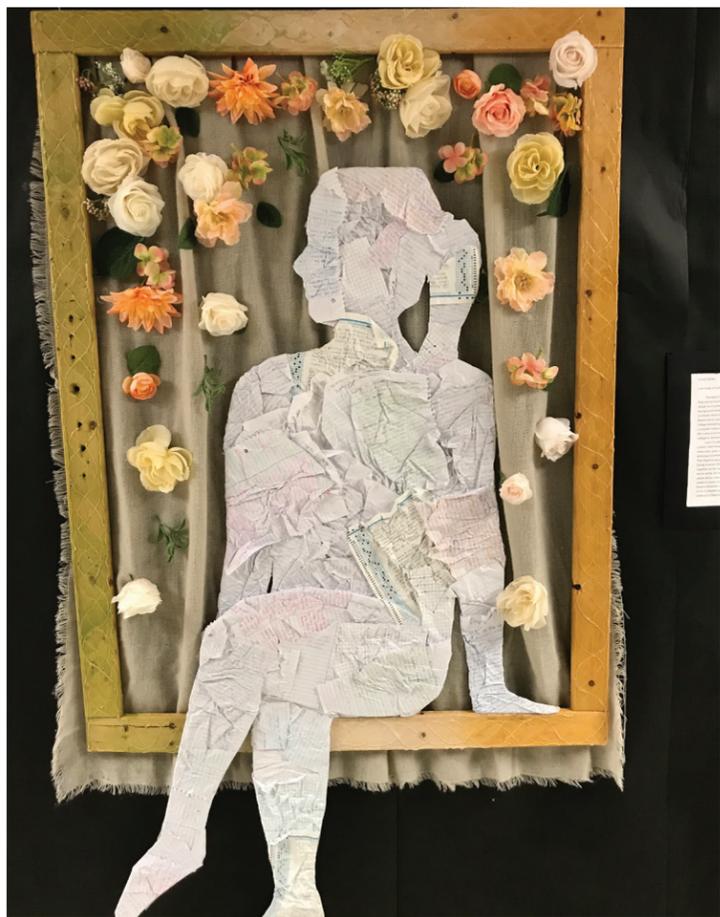
Students exhibited their hard work they put in throughout the entire school at Celebration of the Arts.

Courtesy of Madyson Roth

## Class of 2019 Colleges

<p>Alvernia University                  American University                  Arcadia University                  Baldwin Wallace University                  Belmont University                  Bryn Mawr College                  Butler County Community College                  Cabrini University                  Champion Barber School                  Coastal Carolina University                  Concordia University - Montreal                  Delaware County Community College                  DeSales University                  Drexel University                  East Stroudsburg University of Pennsylvania                  Gwynedd Mercy University                  Hampton University                  Harcum College                  Holy Family University                  Immaculata University                  Ithaca College                  Thomas Jefferson University                  Johnson &amp; Wales University                  Kutztown University of Pennsylvania                  La Salle University                  Lafayette College                  Lehigh University                  Liberty University                  Loyola University Maryland                  Mount St. Mary's University - Maryland</p>	<p>Neumann University                  New York University                  Oakwood University                  Pennsylvania State University                  Philadelphia University                  Robert Morris University                  Rochester Institute of Technology                  Rosemont College                  Rutgers University-New Brunswick                  Saint Joseph's University                  Savannah College of Art and Design                  Southern New Hampshire University                  Temple University                  Thaddeus Stevens College of Technology                  The University of Alabama                  United States Coast Guard Academy                  Universal Technical Institute of Pennsylvania Inc                  University of Delaware                  University of New Haven                  University of Pennsylvania                  University of Pittsburgh at Greensburg                  University of Rhode Island                  University of the Sciences in Philadelphia                  University Studies                  Ursinus College                  Villanova University                  Wagner College                  West Chester University of Pennsylvania                  Widener University                  Williamson College of the Trades                  York College of Pennsylvania</p>
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## Celebration of the Arts Showcases Student Achievement



*(Continued from page 4)*

This year, we've held over 100 open lab work sessions, each between 2 and 6 hours long, with approximately 25 students working diligently at each lab session."

Mr. Trout told the Sprin-Hian that students have hand made over 8,000 woodshop projects for Celebration throughout the years, including practical works like dressers, beds, and desks.

Students have also created original and captivating pieces like an outhouse and a fully functional Model T truck.

Just like their woodshop counterparts, the Honors and AP art students have worked all year to prepare a wall to display their portfolios, consisting of art depicting different subjects and utilizing unique styles. An-Mei Morris, a senior enrolled in AP art provided insight into what displaying her work means to her:

"Being able to display my work is one of the best feelings in the world. For the entire year I have been pushing myself to finish all of my pieces, and seeing them complete and up on my own wall is just a giant sigh of relief."

As a senior, An-Mei expressed gratitude for her experience with Celebration here at SHS saying, "Shout out to AP art for making me laugh, cry, and feel something. Ms. Belton, thank you for keeping me in check and bringing out the talents I didn't know I had. A great big thank you to Mr. Mann for being the best



*Photos by Joshua Thorpe*

mentor I could ask for and giving me a glimpse of what it is like to be in the professional world."

Newcomers to the spread of work at Celebration are the team at the Springfield Sonder Literary Magazine. They constructed a poetry wall centered around the quote from Plutarch: "Painting is silent poetry and poetry is painting that speaks."

Sonder staff writer Max

Hay says, "I like that literary voices are being heard more in the SHS community, especially those of teens who otherwise might not express themselves."

Celebration of the Arts is a time honored tradition for Springfield High School that broadens the horizons of all who attend by proudly showing the hard work and artistic talent of our school community.

# Does the Keto Diet Work

Joshua Thorpe  
Staff Writer

The Ketogenic Diet, Keto diet for short, is defined as a low carb high fat intake diet that supposedly helps with quickly shaving off those few extra pounds.

This diet originated in the mid-1920s as a treatment intended to help control seizures in patients with Epilepsy. According to a clinical trial from 2008, run by Great Ormond



Courtesy of Joshua Thorpe

Street Hospital, “the ketogenic diet reduced the number of total seizures in 40% of children who participated by over half. Those who did not experience such an increase in seizure control did, however, report increased alertness, awareness, and responsiveness.”

Contrary to its original purpose the Keto diet is now being used as a quick fix diet for weight loss. It’s being advertised by everyone from Kourtney Kardashian to LeBron James who “Lost a ton of weight” according to his twitter. If so many Celebrities are advocating the benefits of the keto diet then it must work, right?

Well, this is a complicated question as the keto diet is effective for weight loss if done correctly for short bursts at a time. Following the keto diet for prolonged periods of time without the supervision of a nutritionist can be dangerous, as without the guide of an expert people often end up starving their bodies of the nutrients they’re already starv-

ing themselves of. As fruit and vegetables alone are often not enough to replace energy-rich carbohydrates.

The diet itself works through a process dubbed Ketosis. In actuality, the keto diet creates a fat buildup in the body and over time the body learns to quickly digest this fat and process it into energy. As the initial fat buildup is processed the body also begins to digest body fats causing the accelerated weight loss.

Even though the keto diet often yields great results on a purely physical level it wreaks havoc on the body’s digestive system. Also, the effects of this diet are only temporary as eventually the body adjusts to the new diet and begins to balance itself out leading to a plateau in weight loss.

In the end, the Keto diet is simply a quick fix that has become the latest fitness trend. It serves as a quick fix to a serious problem and inevitably, isn’t even healthy for the body. The choice is yours.

# Debunking the Oversaturated Myths of Millenials

Ashley Ellis  
Staff Writer

Millenials are often portrayed in a negative light in the media and talked about disparagingly by older generations. Many seem to believe that this is because Millennials are inherently lazy and don’t know how to work hard. This belief is caused by recent advancements in technology that diminish the effort that they put into daily activities.

With their actions being scrutinized under a magnifying glass, society expects a lot from Millenials.

Although most of the audience of this publication are not over the age of 22, and thus not millenials, learning about other generations can aid people in their own lives. In fact, Millenials are more productive than the critics perceive them to be.

Many adults claim that Millenials are lazy, unproductive, and discouraged. It is time for this bandwagon to lose its wheels. In fact, Millenials are the largest generation currently active in the labor force. According to the Pew Research Center, “More than one-in-three American labor

force participants (35%) are Millennials, making them the largest generation in the U.S. labor force, according to a Pew Research Center analysis of U.S. Census Bureau Data” Members of Gen X are not far behind their younger counterparts, making up 33% of the U.S workforce.

The Baby Boomers are on a fast decline in productivity due to retirement and old age. The Millennial boom in millennial labor is partly due to immigration and an increase in population. Debunking the Oversaturated Myths Regarding Millennials which Gen X lacks. Nevertheless, the Millennials will continue to dominate the labor force.

More Millenials are working than any other generation, disproving the idea that they are lazy.

Another hackneyed claim made by Gen X and the Baby Boomers is that Millenials are entitled and selfish.

This allegation may be somewhat accurate. “According to a study from the University of Hampshire, Millenials born between 1988 and 1994 scored 25 percent higher in entitlement-related issues than their

40-60 year old counterparts, and 50 percent higher than those over 60”, writes Larry Alton for Forbes.

Although they do have a higher risk of “entitlement-related issues”, Alton continues, “Entitled people feel a stronger drive for achievement; after all, if you feel like you deserve to be the top salesperson in your organization, you’re going to work harder to make that title a reality”.

Therefore, the glass is simultaneously half empty and half full. Millennials may feel more entitled to success, but they may also be more willing to work for that success given the chance. Of course, it depends on whether the individual will put their “hard work” to use.

Older generations frowning upon their successors will inherently persist no matter what. The main contributors to intergenerational hostility are success, human nature, and advancements in technology.

Rumors will spread like wildfires, but Millenials and future generations should not pour gas on the flame.

Instead, they should continue to be persistently entitled and hardworking.

# A Brave New World-Hilda Series Review

Agnes Tai  
Arts and Entertainment

In a world where fantasy and reality meet, Netflix’s original animated series, Hilda, follows the tale of a brave, blue-haired girl named Hilda as she explores life in a new city. Met with creatures of all kinds, she overcomes various obstacles and even gains new friends in the process.

Throughout the series, the plot tackles various subjects that add a new level of relatability for viewers such as the importance of self-worth. Even during low points in the show, viewers are able to resonate with the character’s struggles and strifes.

What is especially great about the show is the fact that the main family dynamic diverges from the typical nuclear setting. Instead, it chooses to bring to light single-parent families without managing to make the character arc seem incomplete in any way.

Another great thing to note about the series is the fact that the main character,

Hilda, serves as a great role model for younger audiences. Her open mindedness and her passion for learning possesses important characteristics for everyday life. In such a diverse world filled with all kinds of creatures, her ability to treat others with kindness and respect regardless of differences is also a great example for audiences to pick up on.

While she also serves as a great role model, Hilda can also contain a sort of relatability that will resonate with viewers. Even as she plunges into various adventures, in the end, she navigates through normal human experiences just the same. As the audience, we are able to see her deal with loneliness and accepting failures and at the same time balancing other responsibilities.



Courtesy of IMDB

The vivid and bright colorful scenes of the show as well as a view of the world through a child’s eyes make for an engaging series for new audience members. All in all, Hilda is a great show to check out on your next Netflix session.

# Our Town is Never Too Old

Ashley Ellis  
Staff Writer

Our Town is a 1938 play written by Thornton Wilder. The Pulitzer prize winning drama focuses on the universality of the human experience, a direct contributor to its long-lasting durability. Following the lives of citizens in Grover’s Corners, New Hampshire, each act can be divided into three parts: birth, marriage, and death. Decades after its release, the play remains to engross millions worldwide, being performed at least once a day.

Similar to a majority of readers, I found myself immediately connected to the characters within the first few pages. By intentionally creating relatable dynamics, it allows for the audience to put themselves in the character’s shoes. This concept returns during the conclusion of the play, while the protagonist Emily Webb is revisiting her 12th birthday in the after-life. During the sequence of events, she begins to notice the minor intricacies in life and realizes how she should have appreciate life more.

Once everything comes full circle, it resonates with the audience as they too begin to question their lives as they exit the theatre, classroom, etc.

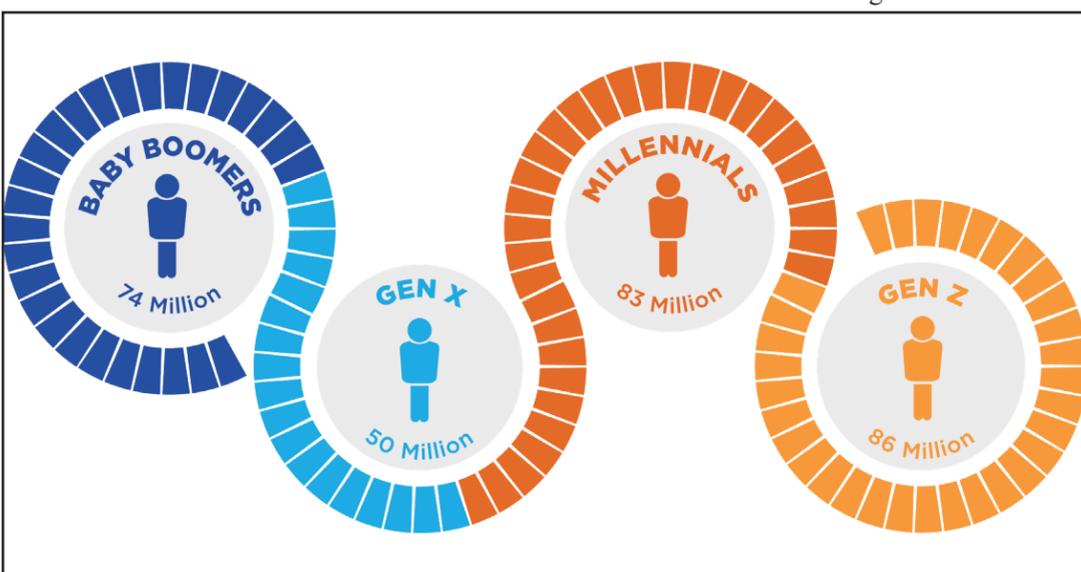
One character that interested me the most was the Stage Manager. Throughout the play, he acts as the narrator along with trivial side characters. Aside from breaking the 4th wall and being comedically cynical at times, he is also aware of the future, can travel through time, and controls the characters. There-

fore, I came to the conclusion that he symbolizes a type of God figure. Although obvious, I’m surprised that we never mentioned it in class, as I feel as though it would have been an interesting discussion point.

The play stuck with me even after we finished it in class. In fact, it changed my outlook on life. Since then, I’ve been actively trying to find things to cherish so that I don’t take anything for granted. Personally, I find it in my friends and family. Whenever I see them laugh and smile, I hold onto it to remind myself of what I have.

Many find themselves trapped in a cycle of education, work, deadlines, whatever it may be. The weight and pressure to succeed is very prevalent in American society, with expectations suspending over us at a young age. It’s time that we slow down from our fast paced life and appreciate the finer details that life has to offer.

Life flashes before our eyes, so we shouldn’t waste it. Clearly living in the moment is more appealing than reflecting on regrets. Eating your favorite cereal, walking your dog, hanging out with friends are all examples of underappreciated actions. In effect, noticing these details may shift your attitude and behavior into a positive light. In essence, Our Town is a play that you can easily attach yourself to. Through the power of dialogue and ordinary character dynamics, Wilder effectively unlocks the universality that all humans possess and uses it to his advantage. Perhaps it will last another 81 years.



Courtesy of Jason Dorsey

# 2019 NFL Draft Recap Eagles take OL Andre Dillard in 1st Round

Erick Klambara  
*Sports Editor*

The 2019 NFL Draft took place from Thursday April 25th to Saturday April 27th in Nashville, Tennessee.

The Cardinals held the number one pick this season after finishing with a 3-13 record. Many surprises took place during the three days and this draft was definitely one to remember.

The Cardinals ended up selecting quarterback Kyler Murray with the first overall selection.

Murray won the Heisman Trophy last season, which is given to the best player in college football. He became the first player ever to be drafted in the first round in both the MLB and NFL.

Murray was originally drafted by the Oakland Athletics, who allowed him to return to play his senior season at Oklahoma, but he eventually decided to give up baseball to pursue an NFL career.

Some other notable players that were drafted in the first round included quarterback Daniel Jones, offensive tackle Andre Dillard, quarterback Dwayne Haskins, and defensive end Nick Bosa

In one of the biggest surprises of the entire draft, the Giants drafted their quarterback of the future in Daniel Jones. Jones attended Duke University where he threw for 8201 yards and 52 touchdowns over three seasons.

With the Giants unsure how long Eli Manning will be able to produce at a high level, Jones figures to see some game action really soon and will look to lead the Giants to their first playoff appearance since 2016.

The Philadelphia Eagles moved up to the twenty second overall pick to select offensive tackle Andre Dillard. According to General Manager Howie Roseman in an interview with NBC Sports Philadelphia, the team decided to trade up and take Dillard because "When he started to fall, we saw an opportunity to get a top-10

player and when you have a top-10 player at an important position, it doesn't matter about the depth on our team".

Dillard will figure to be a replacement option for current starting tackle Jason Peters, once he decides to retire.

Other notable Eagles draft picks included second round picks Miles Sanders, and J.J. Arcega-Whiteside, and fourth round pick Shareef Miller. Sanders and Whiteside will address depth needs on offensive, while Miller could become a replacement for defensive end Chris Long once he decides to retire.

Last season, the Redskins saw starting quarterback Alex Smith go down with a potential career threatening leg injury. They decided to address their need at quarterback by selecting former Ohio State quarterback Dwayne Haskins with the 15th overall selection.

It is unclear whether Haskins will get the starting job immediately, but he has the potential to be a good quarterback in his league based on his style of play and college statistics. Last season he threw for 50 touchdowns and led Ohio State to a 13-1 record, en route to a Big East Championship.

With the second overall selection, the 49ers selected defensive end Nick Bosa, who also attended Ohio State University. In 29 college games, Bosa compiled a statline of 19.5 sacks, 77 tackles, and 29 tackles for loss.

The 49ers have tried for multiple seasons to build a good defensive line through the draft, and Bosa will look to bolster a defensive unit that struggled last season.

Many shocking selections took place throughout the draft, and overall many teams got better. Some teams opted to address depth issues, while others took the best players available.

It will be interesting to see how these players pan out and whether each team will be satisfied with the moves they have made in the future.

# Senior Lacrosse Boys Leave Behind a Great Legacy

Erick Klambara  
*Sports Editor*

The current senior class boy's lacrosse athletes have a lot to be proud of over the last few seasons. They will go down as arguably the most successful senior classes in Springfield's athletic history. Over the last four years, they have won two state championships, while also finishing as a runner up.

In 2016, the Cougars won the PIAA Championship for the first time since 1992. The team started off the season with a record of 1-5, but turned things around quickly to finish with a season record of 20-7.

They faced off against La Salle High School and got off to a quick 3-0 lead, and wound up holding on and winning by a score of 4-3.

The following season, the Cougars won their second consecutive PIAA Championship after defeating West Chester Henderson High School by a final score of 9-8. Before the season, the league was split into classifications and Springfield was placed in Class AA.

The change did not impact the team at all, and they still finished with a magnificent record of 22-3 and were able to capture the fifth title in school history.

In 2018, the Cougars had

yet again another successful campaign, finishing the season with a record of 18-6.

They made it to their third consecutive championship, but were unable to get past a dominant Strath Haven High School team, and they ended the season as the Class AA runner up, which is still a remarkable accomplishment in itself.

Seniors Jack Spence, Brian Noll, Patrick Clemens, Dominic Addona, Zach Broomall, Chris Ringwalt and Liam DiFonzo have all signed letters of intent to play lacrosse at the next level. These players are just a few of the talented seniors that will be leaving the team after this season.

Spence will join his brother James and attend Lehigh University next season. He was a three year starter in football, and also played four years of lacrosse at a very high level.

One of Spence's most notable moments as a lacrosse player was scoring the game winning goal in the 2017 PIAA Class A Championship game.

Noll will be attending Widener University next season to play lacrosse and study business. He will look to continue his successful career as a lacrosse player into his college years and will give a boost to a Widener team that struggled this past

season.

Clemens is heading to St Joseph's University next fall. Clemens has built quite the resume as a high school athlete over the past few seasons, and will look to help a Hawks squad that has been relatively successful over the past few seasons.

Addona and Broomall will continue to be teammates in colleges as both of them are heading to DeSales University. DeSales had a bounce-back 2019 campaign, and with the addition of Addona and Broomall, they should be a team to watch for years to come.

Ringwalt will be attending Williamson University where he will be playing football and lacrosse. Ringwalt played both of these sports for four years at Springfield, and will look to continue his success into his college career.

Last but not least, we have Liam DiFonzo who will be attending Lafayette College. DiFonzo also played both football and lacrosse for four years, and will be a big addition to the Lafayette squad.

The seniors on the lacrosse team have left their mark on the high school community. Now it is up to the underclassman to keep the lacrosse program on the rise and play at a high level.



Courtesy of Springfield Lacrosse Twitter

The team has participated in three state championships and has won two of them over the last four years.



Courtesy of Erick Klambara

Many surprises took place during the first three days and the draft was definitely one to remember.

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### Spri-Hian Policy

The Spri-Hian is a student-run newspaper established in 1932 and has been published by the Springfield School District with a purpose to inform and entertain the student body of Springfield High School. The Spri-Hian aims to be the voice of its readership and to provide a forum for students to express their vetted opinions.

A student-run newspaper creates the opportunity to practice and value responsible journalism. Occasionally, student journalists will encounter controversial issues and this policy will attempt to address how students are obligated to exercise responsible journalism with integrity and objectivity.